



## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Frances Nel

Has successfully participated & completed the

42km Knysna Forest Marathon

held at Hertzogberg Farm, Verena .

**TIME** 04:06:42

**PACE** 05:51/km **OVERALL** 128 of 1010

**GENDER** 36 of 409

**OPEN** 27 of 218

09 July 2022, Sat

Date



